



Press Release Service

Contact: Melissa Audas

E-mail releases@inanews.com • Phone 515-244-2145 • Fax 515-244-4855

319 E. 5th, Des Moines, IA 50309

Iowa Zoning Options

STATE	All wire services, dailies, weeklies, radio and tv stations listed on reverse	\$190
IPRINT	All newspapers and wire services in Iowa	\$125
IMAJOR	Wire services, dailies, 50 of the larger weeklies, radio and tv stations in Iowa	\$75
IGOLDC	All media within a 40-mile radius of Des Moines	\$75
EAST	All media on list in eastern 1/3 of Iowa divided by area code	\$75
CENTRAL	All media on list in central 1/3 of Iowa divided by area code	\$75
WEST	All media on list in western 1/3 of Iowa divided by area code	\$75
RADIO	All radio stations and wire services in Iowa	\$75
TV	All tv stations and wire services in Iowa	\$75

If you don't find a distribution list that fits your needs, we can build one for you!

(See complete media list on next page)

How it works...

Once we receive your release, we double check your copy for typographic and spelling errors and then send it on its way. We will distribute all press releases according to each media outlet's preferences. In most cases, distribution occurs within 2 hours. To smaller sites, transmission schedules have been prearranged to be well in advance of their next news deadline.

How to reach us...

You may email releases in Word or Plain Text format to: releases@inanews.com.

Graphics or audio...

You may include an image (logo, photo, etc.) or audio file to be sent with your release at a rate of \$25 per image/file.

Call for quotes on customizing regions, national distribution.

Media List 2009

460 Sites Statewide

WIRE SERVICES

Associated Press
Iowa/Nebraska Bureau-
Des Moines IA
Radio Iowa Network - Des Moines
Reuter's America Inc - Chicago
United Press - Evanston IL

DAILY NEWSPAPERS

Ames Iowa State Daily
Ames Tribune
Atlantic News-Telegraph
Boone News Republican
Burlington Hawk Eye
Carroll Daily Times Herald
Cedar Rapids Gazette
Centerville Iowegian/Ad
Express
Charles City Press
Cherokee Chronicle-Times
Clinton Herald
Council Bluffs Daily
Nonpareil
Creston News Advertiser
Davenport Quad City Times
Des Moines Register
Dubuque Telegraph Herald
Estherville Daily News
Fairfield Daily Ledger
Fort Dodge Messenger
Fort Madison Daily Democrat
Iowa City Daily Iowan
Iowa City Press-Citizen
Keokuk Daily Gate City
Le Mars Daily Sentinel
Marshalltown Times Republican
Mason City Globe Gazette
Moline Dispatch - IL
Mount Pleasant News
Muscatine Journal
Newton Daily News
Oelwein Daily Register
Omaha World Herald
Oskaloosa Herald
Ottumwa Courier
Shenandoah Valley News
Today
Sioux City Journal
Spencer Daily Reporter
Vinton Cedar Valley Times
Washington Evening Journal
Waterloo-Cedar Falls Courier
Webster City Daily Freeman
Journal

WEEKLY NEWSPAPERS

Ackley World Journal
Adair News
Adel Dallas County News
Afton Star Enterprise
Akron Hometown
Albia Monroe Co. News
Albia Union Republican
Algona Upper Des Moines
Allison Butler County
Tribune-Journal
Altoona Herald-Mitchellville
Index
Anamosa Journal-Eureka
Anita Tribune
Ankeny Captain Jack
Communications
Ankeny Press Citizen
Anthon Sioux Valley News
Armstrong Journal
Auburn Tri-County Special
Audubon County Advocate
Journal
Aurelia Star
Avoca Journal-Herald
Bayard News Gazette
Bedford Times-Press
Belle Plaine Star-Press Union
Bellevue Herald-Leader
Belmond Independent
Bettendorf News
Blairstown South Benton
Bloomfield Democrat
Breda News

Britt News Tribune
Buffalo Center Tribune
Calmar Courier
Carlisle Citizen
Cascade Pioneer
Cedar Falls Hometown
Cedar Rapids Coe Cosmos
Central City Linn Newsletter
Chariton Herald-Patriot
Chariton Leader
Clarinda Herald Journal
Clarion Wright Co. Monitor
Clarksville Star
Clear Lake Mirror Reporter
Coffax Jasper Co. Tribune
Columbus Junction Gazette
Conrad Record
Coon Rapids Enterprise
Coming Adams Co. Free Press
Correctionville News
Corwith CWL Times
Corydon Times-Republican
Cresco Times-Plain Dealer
Danbury Review
Davenport Beacon
Davenport Catholic Messenger
Dayton Review
Decorah Echips-Luther College
Decorah Journal
Decorah Public Opinion
Denison Bulletin Review
Denver Forum
Des Moines Business Record
Des Moines Catholic Mirror
Des Moines Cityview
DeWitt Observer
Diagonal Progress
Donnellson Star
Doon Press
Dows Advocate
Dubuque Clarke Courier
Dunlap Reporter
Dyersville Commercial
Dysart Reporter
Eagle Grove Eagle
Earlham Advocate
Eddyville Tribune
Edgewood Reminder
Eldora Hardin County Index
Eldora Herald-Ledger
Eldridge North Scott Press
Elgin Echo
Elk Horn Danish Villages Voice
Elkader Clayton Co. Register
Emmetsburg Democrat
Emmetsburg Reporter
Estherville Spindrift
Fairfield Weekly Reader
Farmington Van Buren Co.
Leader-Record
Fayette Leader
Fontanelle Observer
Forest City Summit
Fredericksburg Review
Garner Leader and Signal
George Lyon Co. News
Gladbrook Northern Sun Print
Glenwood Opinion-Tribune
Glidden Graphic
Gowrie News
Graettinger Times
Greene Recorder
Greenfield Adair Co. Free Press
Grinnell Herald-Register
Grinnell Poweshiek County CR
Griswold American
Grundy Center Register
Guthrie Center Times
Guttenberg Press
Hamburg Reporter
Hampton Chronicle
Harlan News-Advertiser
Harlan Tribune
Hartley Sentinel-News
Hawarden Independent /
Ireton Examiner
Hedrick Journal
Holstein Advance
Holstein News

Hopkinton Delaware Co. Leader
Hospers Siouxland Press
Hubbard South Hardin
Signal Review
Hudson Herald
Hull Sioux Co. Index-Reporter
Humboldt Independent
Humeston New Era
Iowa Grove Ida County Courier
Independence Bulletin-Journal
Indianola Record-Herald &
Tribune
Inwood West Lyon Herald
Iowa City Gazette
Iowa City Midwest Free
Community Papers
Iowa Falls Times Citizen
Iowa Farm Bureau Spokesman
Iowa Farmer Today
Jefferson Herald
Jesup Citizen Herald
Jewel S. Hamilton Record News
Kalona News
Kanawha Reporter
Keosauqua Van Buren Co.
Register
Keota Eagle
Kingsley News-Times
Knoxville Hometown News
Knoxville Journal-Express
La Porte City Progress-Review
Lake City Graphic
Lake Mills Graphic
Lamoni Chronicle
Lamont Leader
Lansing Allamakee Journal
Laurens Sun
Lenox Tim Table
Leon Journal Reporter
Leroy Independent
Lime Springs Herald
Little Rock Free Lance
Logan Herald Observer
Lone Tree Reporter
Lowden Sun-News
Madrid Register-News
Malvern Leader
Manchester Press
Manilla Times
Manly Signal
Manning Monitor
Manson Calhoun Co.
Journal-Herald
Mapleton Press
Maquoketa Sentinel-Press
Marcus News
Marengo Pioneer-Republican
Marion Times
Mason City Off Hours
McGregor North Iowa Times
Mediapolis News
Midwest Free Community
Papers
Missouri Valley Times-News
Monona Outlook
Monroe Legacy
Monticello Express
Moravia Union
Morning Sun News-Herald
Moulton Tribune
Mount Ayr Record-News
Mount Vernon-Lisbon Sun
Mouille Record
Muscatine Community
College Calumet
Nashua Reporter
Neola Gazette
Nevada Journal
New Hampton Tribune
New London Journal
New Sharon Star
Newell Buena Vista Co. Journal
Nora Springs Rockford
Register
North Liberty Leader
Northwood Anchor
Norwalk North Warren Town
& Country News
Oakdale Corridor Business

Journal
Ocheyedan Press-Melvin News
Odebolt Chronicle
Ogden Reporter
Onawa Democrat
Signal Review
Onawa Sentinel
Orange City Sioux Co.
Capital-Democrat
Osage Mitchell Co. Press-News
Osceola Sentinel-Tribune
Ossian Bee
Panora Guthrie Co. Vedette
Parkersburg Eclipse-News-
Review
Paullina Times
Pella Chronicle
Perry Chief
Peterson Patriot
Pleasant Hill Press-Citizen
Pleasantville Marion Co. News
Pocahontas Record Democrat
Post Bulletin/Agri News
Postville Herald-Ledger
Prairie City News
Preston Times
Primghar O'Brien Co Bell
Red Oak Express
Reinbeck Courier
Remsen Bell-Enterprise
Riceville Recorder
Richland Plainsman-Clarion
Ringsted Dispatch
Riverside Current
Rock Island Argus
Rock Rapids Lyon Co. Reporter
Rock Valley Bee
Rockwell City Calhoun Co.
Advocate
Rolfe Arrow***
Ruthven Zipcode
Sac City Sun
Saint Ansgar Enterprise Journal
Schaller Herald
Scranton Journal
Sergeant Bluff Advocate
Sheldon Mail-Sun
Sheldon NW Iowa Review
Sibley Osceola Co. Gazette-
Tribune
Sigourney News Review
Sioux Center News
Slater Tri-County Times
Sioux Rapids Bulletin Press
Solon Economist
Spirit Lake Dickinson Co. News
Stacyville Monitor-Review
State Center Mid Iowa
Enterprise
Storm Lake Pilot-Tribune
Storm Lake Times
Story City Herald
Stratford Courier
Strawberry Point Clayton
Co. Press Journal
Stuart Herald
Sully Diamond Trail News
Sumner Gazette
Swea City Herald-Press
Tabor Fremont-Mills
Beacon-Enterprise
Tama News-Herald
Thompson Courier and
Rake Register
Thornton Southern Co. News
Tipton Conservative
Tritonka Topic
Toledo Chronicle
Traer Star-Clipper
Tripoli Leader
Villisca Review/Stanton Viking
Walnut Bureau
Wapello Republican
Wartburg Trumpet
Waukeke Today
Waukon Standard
Waverly Bremer Co. Independent
Waverly Democrat
Wayland Reporter
Wellman Advance
West Bend Journal

West Branch Times
West Liberty Index
West Point Bee
West Union Fayette County
Union
Westside Observer
What Cheer Paper
Whittemore Independent
Williamsburg Journal Tribune
Wilton Durant Advocate News
Winfield Beacon/Wayland News
Winterset Madisonian
Winthrop News
Woodbine Twiner
Woodward NE Dallas
County Record
Wyoming Midland Times

TELEVISION STATIONS

IPTV (KDIN) - Johnston
KAAL-TV - Austin MN
KCAU/KXWB-TV - Sioux City
KCCI-TV - Des Moines
KDSM-TV - Des Moines
KETV-TV - Omaha
KFAX - Cedar Rapids
KFXB-TV - Dubuque
KGAN-TV - Cedar Rapids
KIMT-TV - Mason City
KLJB-TV - Davenport
KMTV-TV - Omaha
KTIV-TV - Sioux City
KTVO-TV - Ottumwa
KWQC-TV - Davenport
KWWL-TV - Waterloo
PAX TV - Des Moines
Studio One - Grand Forks NE
WHBF-TV - Rock Island IL
WHO-TV - Des Moines
WOI-TV - Ames
WQAD-TV - Moline IL

RADIO STATIONS

KADR/KCTN - Elkader
KASI/KCCQ/KLGA - Ames
KAYL AM-FM - Storm Lake
KBBG RADIO - Waterloo
KBBG/KJYY/KRQK-FM
KGGO-KHKI - Urbandale
KBIZ/KTWA - Ottumwa
KBKB AM/FM - Fort Madison
KBOE - Oskaloosa
KCKC FM - Cedar Rapids
KCHA AM-FM/KCZE-KWMM-
FM - Charles City
KCHE AM/KCHE FM - Cherokee
KCII AM-FM - Washington
KCIM AM & KKRL/KIKD FM
- Carroll
KCJJ AM RADIO - Iowa City
KCLN/KZEG FARM - Clinton
KCOG/KMGO - Centerville
KCPS - Burlington
KCQQ - Davenport
KCRG RADIO - Cedar Rapids
KCRR RADIO - Waterloo
KCWN FM - Pella
KCZQ RADIO - Cresco
KDAO AM - Marshalltown
KDAO FM - Eldora
KDCC - Sioux Center
KDEC - Decorah
KDFR FM RADIO - Des Moines
KDIC FM - Grinnell
KDLS AM/FM RADIO - Perry
KDSN AM & FM - Denison
KDTH AM/KATF FM/KGRR
- Dubuque
KELR RADIO - Chariton
KEMB FM - Emmetsburg
KFMG FM - Des Moines
KGLO/KIAI/KLKK - Mason City
KGRA FM - Jefferson
KGRN AM RADIO - Grinnell
KHBT FM RADIO - Humboldt
KHKE FM - Cedar Falls
KIAQ/KTLB - Fort Dodge
KICDAM/FM/KIGL FM - Spencer
KIFG FM RADIO - Iowa Falls
KILJ - AM & FM - Mt. Pleasant

KILR AM & FM - Estherville
KIOA AM/FM KRNT/KSTZ/
KPSZ/KAZR/KLTI - Des Moines
KLOW FM - Forest City
KIWAAM/FM - Sheldon
KIWR FM - Council Bluffs
KJAN AM/FM - Atlantic
KJAM RADIO - Des Moines
KKBZ FM - Shenandoah
KKIA/KAYL - Storm Lake
KKRF FM RADIO - Stuart
KKSJ/KRKN-FM - Ottumwa
KLBA AM/FM - Albia
KLEE/KOTM - Ottumwa
KLEM/KKMA - Le Mars
KLMJ-FM & KQCR - Hampton
KLNK - Council Bluffs
KLYF RADIO - Des Moines
KMA/KKBZ - Shenandoah
KMAQ AM & FM - Maquoketa
KMCD/KIHK RADIO - Fairfield
KMCH RADIO - Manchester
KMNS/KGLI/KSEZ/KSFT/
KWSL FM - Sioux City
KMRY - Cedar Rapids
KMXD - Des Moines
KNIAAM & KRLS FM - Knoxville
KNOD FM - Harlan
KOAK/KCSI - Red Oak
KOEL AM-FM - Oelwein
KOIL/KDGE/KKAR/KQKQ/
KOZN-ZONE SPORTS/KCTY
FM - Omaha NE
KOJY FM - Bloomfield
KOKX AM/FM/KRNQ FM
- Keokuk
KQAD AM/KLQL FM - Luverne MN
KQMG AM/FM - Independence
KRLS - Pella
KRLS FMN - Pella
KRNA/KHAK/KDAT FM
RADIO - Cedar Rapids
KRNI/KUNI/KHKE - Cedar Falls
KROS - Clinton
KRUI - Iowa City
KSIB AM/KITR FM - Creston
KSKB-FM RADIO - Brooklyn
KSOM FM/KSWI - Atlantic
KSOU AM/KTSB/KIHK FM
- Sioux Center
KSUX FM - Sioux City
KTPR FM/KICB FM - Ft. Dodge
KUOO/KUQQ FM - Spirit Lake
KURE RADIO NEWS - Ames
KVFD/KUEL - Fort Dodge
KVIK FM RADIO - Decorah
KWAR WARTBURG
COLLEGE - Waverly
KWBG AM/FM - Boone
KWIT FM - Sioux City
KWKY RADIO - Des Moines
KWWT/KKEZ - Ft. Dodge
KWPC/KWCC - Muscatine
KXIA/KFJB - Marshalltown
KZAT-FM RADIO - Tama
KZIA FM R - Cedar Rapids
MORNINGSTAR BROADCAST
KZZQ FM - Wauke
THE RADIO GROUP KXEL/
KWLO/KFMW/KOKZ - Waterloo
WHO RADIO - Des Moines
WMT AM - Cedar Rapids
WOC/KUJL/KMXG/WKBF/
WHTS/WLLR/KCQQ/KWQC
- Davenport
WOI RADIO - Ames
WSUI AM & KSUI - Iowa City
WVIK NEWS - Rock Island IL

SPECIAL PUBLICATIONS
Agri-News
AGWEB.COM/Pro Farmer
The Golden View - Dubuque
Wallaces Farmer - Urbandale

Please Note: A press release is designed to be sent to journalists in order to encourage them to develop articles on the subject of the release. The decision to publish material from a press release is at the sole discretion of the media outlet. This service is designed to deliver press releases to the desired media; the INA makes no guarantee, explicit or implied, that any media outlet will publish any press release.