

# Announcing... **healthy**NEWZ**4U**

## a free wellness education program for Iowa newspapers to share with their local schools.

The Iowa Newspaper Foundation and Wellmark Blue Cross Blue Shield have developed the HealthyNewz4U program for the 2009/10 school year. The program offers health and wellness educational resources to Iowa middle school educators, students and families, showcasing different health themes bimonthly throughout the school year. **This program provides an excellent opportunity for newspapers to show their commitment to a healthy community in addition to promoting literacy and using the newspaper as a virtual textbook.**

The comprehensive program provides teacher guides, student materials and parent guides to help Iowa families live healthier lives. Through the support of Wellmark, **the INF will supply free, printed classroom copies of the material to all teachers and students plus a separate, unique guide for each student's family for home use.** The curriculum is designed for students in grades 6-8, though educators may be able to use it for adjacent grade levels.

**Encourage health and wellness in your community by providing teachers, students and families the free HealthyNewz 4U education materials.**

### HealthyNewz4U Order Form

Please send \_\_\_\_\_ copies of the September HealthyNewz 4U Teacher's Guide

Please send \_\_\_\_\_ copies of the September HealthyNewz 4U Student's Guide

*(An equivalent number of Parent Guides will be included with your order for students to take home.)*

Please send the materials to:

Name \_\_\_\_\_

Newspaper \_\_\_\_\_

Street address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Mail or fax this order form to:

Iowa Newspaper Foundation, 319 East 5th Street, Des Moines, IA 50309

FAX (515) 244-4855

